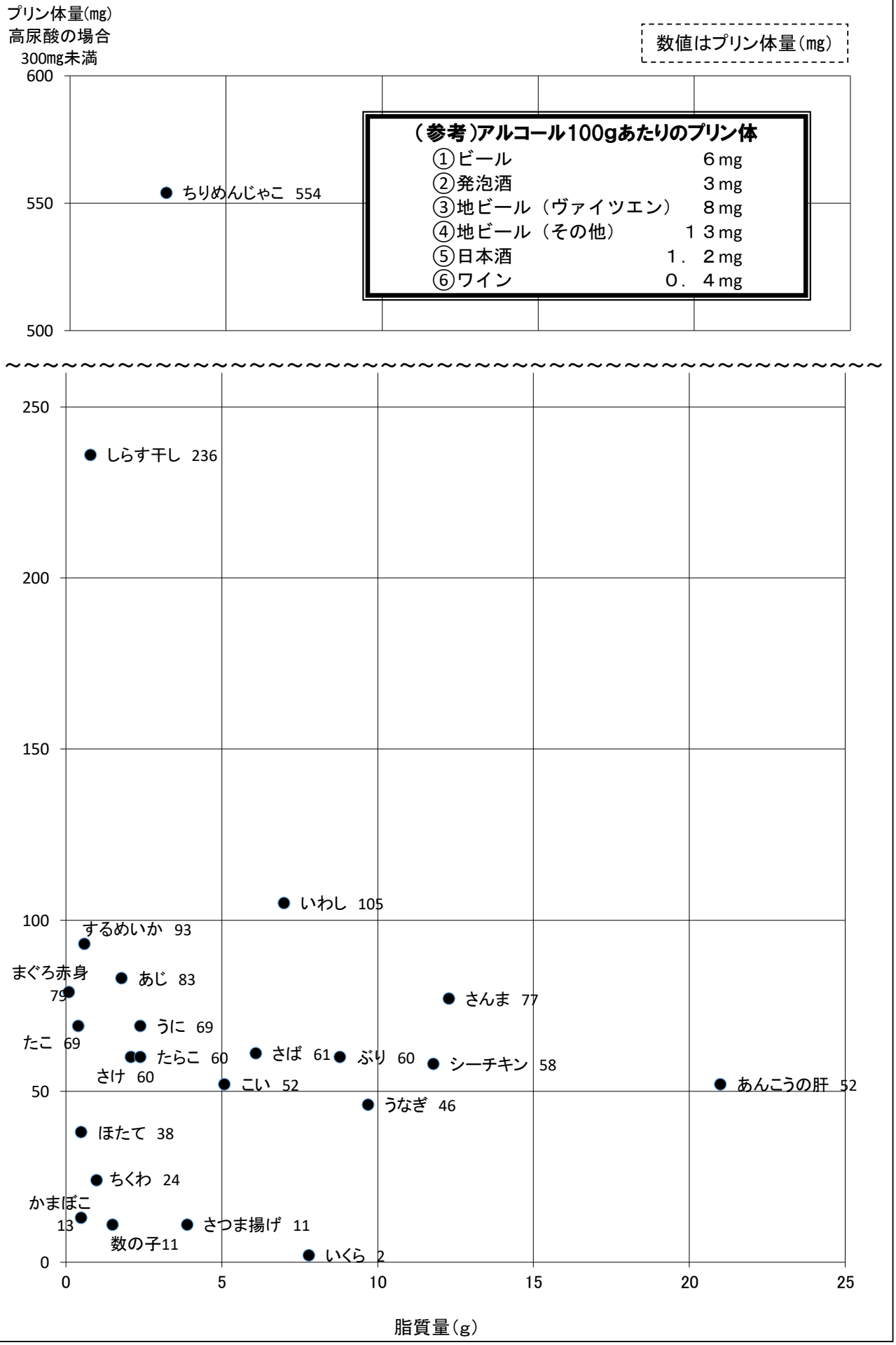
2022.05.30

魚50gあたりの脂質とプリン体の関係